



Portion Bowl At Home Heating Instructions

From Frozen:

Instructions are based on heating a single portion bowl from frozen. Note that heating times may vary based on the oven load and/or the quantity of portion bowls being heated at one time.

Do not remove the vented film top prior to heating.

Conventional Oven:

1. Preheat the conventional oven to 350° F.
2. Place frozen bowls in the oven on a sheet pan.
3. Heat for 25 - 30 minutes, or until the product reaches the desired serving temperature based on local requirements.
4. Carefully remove film from bowl and stir prior to enjoying.

Microwave Oven (one portion bowl):

1. Place one frozen portion bowl in the microwave (**do not remove the vented film**).
2. Heat on high for 6 minutes, or until the product reaches the desired serving temperature based on local requirements.
3. Carefully remove the vented film top and stir prior to enjoying.

From Refrigerated:

Instructions are based on heating a single portion bowl from refrigerated (stored for no more than 7 days at a temperature between 33° F - 40° F). Note that heating times may vary based on the number of portion bowls being heated at one time.

Do not remove the vented film top prior to heating.

Conventional Oven:

1. Preheat the conventional oven to 350° F.
2. Place refrigerated bowls in the oven on a sheet pan.
3. Heat for 18 - 22 minutes, or until the product reaches the desired serving temperature based on local requirements.
4. Carefully remove the vented film top and stir prior to enjoying.

Microwave Oven (one portion bowl):

1. Place one refrigerated portion bowl in the microwave (**do not remove the vented film**).
2. Heat on high for 3 minutes for an 8 oz bowl and 2 minutes for a 6 oz bowl, or until the product reaches the desired serving temperature based on local requirements.
3. Carefully remove the vented film top and stir prior to enjoying.